MyDNA Discover, Empower, Transform

How It Works?



Gather saliva samples. Make sure the cap is securely fastened



Document the sample And reach us to collect your samples



Lab Processing & Data Analysis



Report Generation



Login in your account or check your email



Schedule your Genetic Counselling



- Registered office: Lord's Mark Microbiotech Pvt. Ltd.
 B-101 Riddhi Siddhi Complex, M. G. Road,
 Borivali (E), Mumbai 4000666
- Corporate office: Lord's Mark Microbiotech Pvt. Ltd. 6-3-1090/A/10/1/2, Office Space No.502, 5th Floors, "Sonthalia Emerald", Raj Bhavan Road, Somajiguda, Hyderabad. T.S. - 500082
- **(**91)-40-49583100
- mydna@lordsmicrobiotech.com
- www.mydna.lordsmicrobiotech.com





Discover. Empower. Transform.













Genes & Health & Wellness • • •

Presently, chronic diseases account for 53 percent of total deaths each year in India, which is expected to grow up to 67 percent by 2030. It has been observed that a high proportion of deaths due to chronic diseases occur at relatively younger ages among the Indian population. 1 A study has established that genes contribute to chronic conditions such as cardiovascular disease, diabetes, obesity, Rheumatoid Arthritis, Alzheimer's disease, and depression. Genetic predisposition can influence the functional health outcomes through the onset, severity, and prognosis of chronic conditions and stronger genetic risks likely worsen functional health outcomes.²



MyDNA GeneProactive is a DNA based genetic test to assess the genetic risk for lifestyle disease, predisposition to traits, carrier status and drug responses. Basically, it decodes the individual's DNA and analyzes certain regions of the genome known to be associated with a health condition, The test helps to take the first step to pen down the tailor made, preventive, and powerpack health care. This genetic data that can gather the information that can help you to translate your life into healthier and happier life.



^{2.} Wehby GL, Domingue BW, Wolinsky FD. Genetic Risks for Chronic Conditions: Implications for Long-term Wellbeing, J Gerontol A Biol Sci Med Sci. 2018 Mar 14;73(4):477-483

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Why to Take MyDNA GeneProactive •••



To have early screening for chronic condition



Helps identifying personalized lifestyle modifications i.e., nutrition and exercises



Identify the response of commonly prescribed drugs



Individualized action plan based on genetic results

Who can **Take this Test?** •••



One who wants to assess the risk of health-related issues with eyes, skin and hair, heart, liver, kidney function, hormonal profile, nutrition, fitness, gut health, cancer, psychiatry, immune system, drug response etc.



One who wants personalized nutrition and lifestyle modifications



Have a family history of chronic conditions



